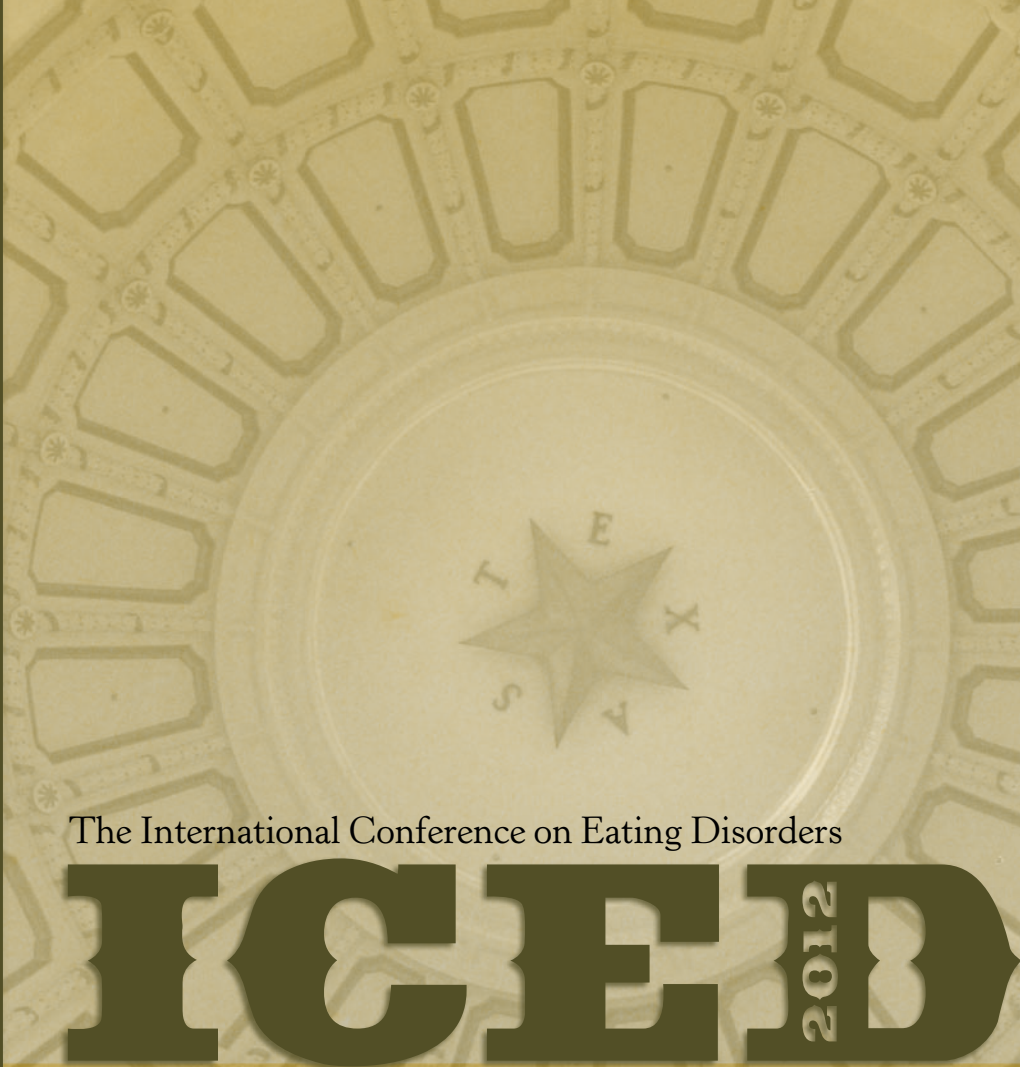


Preliminary
Program



The International Conference on Eating Disorders

ICEED 2012

May 3-5, 2012

May 2, 2012: Clinical Teaching Day

Hilton Austin, Austin, Texas, USA

**Connecting
Practice and
Research**

Austin Texas



www.aedweb.org



The International Conference on Eating Disorders is jointly sponsored by Boston University School of Medicine and the Academy for Eating Disorders



Boston University School of Medicine
Continuing Medical Education



Austin Texas

WELCOME TO THE ICED

The Academy for Eating Disorders (AED) invites you to participate in the 2011 International Conference on Eating Disorders (ICED), May 3 – 5, 2012, at the Hilton Austin, Austin, Texas, USA.

The ICED is the premier gathering place for professionals and advocates engaged in research, treatment and prevention of eating disorders. Each year, ICED attendees, faculty, supporters and exhibitors create a unique, inspiring and intensive environment for education, training, collaboration and dialogue.

The Academy for Eating Disorders

The AED is the largest multi-disciplinary professional society in the eating disorders field. Founded in 1993, the AED has grown to include more than 1,500 members worldwide who are working to prevent and treat eating disorders such as anorexia nervosa, bulimia nervosa and binge eating disorder.

The AED provides cutting-edge professional training and education; advances new developments in eating disorders research, prevention and clinical treatments; and advocates for the rights of people with eating disorders and their caregivers.

Meeting Objectives

As a result of this meeting, participants will be able to:

- Describe ways in which clinical practice and research interact to improve understanding and treatment of eating disorders
- Examine progress in treatment for the eating disorders, with particular reference to working with comorbid conditions
- Discuss how the biology of stress is related to the development and maintenance of eating disorders
- Identify the ways in which “brain disorder” language is beneficial and problematic for individuals with eating disorders and their carers, as well as the way language shapes our understanding of eating disorders

Austin Texas



www.aedweb.org

The International Conference on Eating Disorders



Austin Texas

CME

Continuing Medical Education

Physicians

Continuing Medical Education (CME) Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Boston University School of Medicine and the AED. Boston University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Boston University School of Medicine designates this educational activity for 23.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Program Committee CME Liaison

Andrea Kronman, MD
Boston University, Boston, MA

Disclaimer: THESE MATERIALS AND ALL OTHER MATERIALS PROVIDED IN CONJUNCTION WITH CME ACTIVITIES ARE INTENDED SOLELY FOR PURPOSES OF SUPPLEMENTING CME PROGRAMS FOR QUALIFIED HEALTH CARE PROFESSIONALS. ANYONE USING THE MATERIALS ASSUMES FULL RESPONSIBILITY AND ALL RISK FOR THEIR APPROPRIATE USE. TRUSTEES OF BOSTON UNIVERSITY MAKE NO WARRANTIES OR REPRESENTATIONS WHATSOEVER REGARDING THE ACCURACY, COMPLETENESS, CURRENTNESS, NONINFRINGEMENT, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OF THE MATERIALS. IN NO EVENT WILL TRUSTEES OF BOSTON UNIVERSITY BE LIABLE TO ANYONE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE MATERIALS. IN NO EVENT SHOULD THE INFORMATION IN THE MATERIALS BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE.

The AED will apply for American Academy of Family Practitioners elective credit.

Dietitians: The AED will submit an application to the Commission on Dietetic Registration for CPEUs for registered dietitians and dietetic technicians, registered.

Non-Physicians

The conference is co-sponsored by the AED and The Institute for Continuing Education. Continuing education is offered as listed below. The Conference offers 22.25 contact hours, with total hours subject to change. Credit is awarded on a session-by-session basis, with full attendance required at the sessions attended. Application forms will be available onsite. If you have questions regarding continuing education, or to request a listing of learning objectives, please contact The Institute for Continuing Education at +1-800-557-1950; FAX +1-866-990-1960; email instconted@aol.com.

2012



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CME

Psychology: The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content. All clinical sessions are eligible for CE Credit for Psychologists.

Counseling: The Institute for Continuing Education is an NBCC-approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC-approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

Social Work: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program, ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

- California Board of Behavioral Sciences Provider No. PCE 636
- Illinois Dept. Professional Regulation Provider No. 159-000606
- Ohio Counselor and Social Work Provider No. RCS 030001
- Florida Dept. Health, Div. SW, MFT, Counseling Provider BAP 255, Expires March 2013

Marriage-Family Therapy: The Institute for Continuing Education is an approved continuing education provider by the Texas Board of Examiners of MFT, Provider PCE 177.

Drug-Alcohol: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors, NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses are responsible for contacting their state board to determine if credit issued through an approved provider of the California Board of Nursing is accepted by their state board.

CE Disclaimer: It is the responsibility of the attendee to check with their state licensing/certification board to determine if continuing education credit offered by The Institute for Continuing Education will meet their state's regulations.

Continuing Education Registration and Requirements

A certificate fee of \$30 for members and \$45 for non-members is required. Check the appropriate box on the registration form. You also may pay onsite. However, you may not register for credits after May 17, 2012. Credit is awarded on a session-by-session basis, with full attendance required at each session. One certificate will be issued for all activities attended.

2012



Austin Texas

CME

IMPORTANT!

To receive continuing education credit, attendees must:

- Pay the fee (\$30 members/\$45 non-members)
- Sign in and sign out at designated locations
- Complete and return the continuing education evaluation packet

Notes:

- State licensing bureaus and/or professional associations have their own requirements for licensing, certification and/or recertification. Individuals should contact their state licensing bureaus or professional associations regarding the applicability of the continuing education for their own professional needs.
- Learning objectives and the presentation level for all educational sessions will be available on the AED website several months prior to the conference.
- The following activities do not qualify for continuing education (CE) credits: poster* sessions, committee meetings, Welcome and Conference Goals, SIG Annual Meetings, Meet the Experts, Research-Practice Think Tank, Annual Business Meeting, Awards Ceremony, exhibits and any other non-scientific sessions.

**Poster session is eligible for CME credit only.*

Join the AED Now

Join the AED and register for the ICED at the member rate. Visit www.aedweb.org for a membership dues table and application form. There are special introductory member, new professional member and student rates available.

2012



Austin Texas

HOTEL AND TRAVEL INFORMATION

Hotel and Travel Information

The Hilton Austin is located in downtown Austin. The hotel, which features the Tower Health Club & Spa, is one block from Austin's famous 6th Street nightlife and a short stroll to entertainment, shopping and dining in the Warehouse Entertainment and 2nd Street districts. The Hilton Austin is also near many attractions such as the Capitol Building, Bob Bullock Texas Historical Museum and the LBJ Presidential Library.

Hilton Austin
500 East 4th Street
Austin, TX 78701 USA
Phone: +1-512-482-8000
Fax: +1-512-469-0078
www.hilton.com

The AED has negotiated a discounted rate of \$209 US for single or double occupancy, plus applicable taxes. Room rates are subject to taxes (which are currently 15 percent) and hotel service fees. These rates will be available to attendees, based on availability, from Monday, April 30, through Monday, May 7, 2012. To reserve a room, call +1-800-236-1592 (for North American guests) or +1-512-482-8000 (for all other guests). Identify yourself as an AED meeting attendee to obtain the special rate. To make your reservation online, visit www.aedweb.org.

Reservations must be made no later than Monday, April 2, 2012. After this date, discounted rates will not apply.

A credit card guarantee is required to hold your reservation. The hotel will charge the equivalent of one night's room and tax if cancellation notice is not provided to the hotel 48 hours prior to the day of arrival. Hotel check-in is 3 p.m. and check-out is noon.

Concierge and Babysitting Services

The Hilton Austin's concierge desk will assist you with booking babysitting services, making dinner reservations or planning other activities during your stay in Austin. For more information, call the hotel at +1-512-482-8000 and ask to be transferred to the concierge desk.

Optional SIG Annual Meeting Box Lunches

The AED will provide optional box lunches for SIG annual meetings. A \$15 US fee is required for each lunch. To ensure that a box lunch is available for you, check the appropriate boxes on the registration form on page 23.

AED Closing Social Event

Join your colleagues on Saturday, May 5, for this year's festive closing social event, which includes delicious food and dancing. This will not be a ticketed event, however, there will be a cash bar. Please check the appropriate boxes on the registration form on page 23.

Attire and Climate

Austin's average high in May is 85° Fahrenheit (29° Celsius), with an average low of 65° Fahrenheit (17° Celsius). Attire for the conference is business casual. Because people have varying sensitivities to temperatures in hotel meeting rooms, bring a sweater or other warm clothing to wear inside the hotel.



Austin Texas

Travel Information

Travel Information

Getting to Austin

Airline reservations may be made through FCm Travel Solutions, the preferred agency for AED meetings. When you call, ask for the group department and identify yourself as an AED 2012 ICED participant. FCm Travel Solutions charges a processing fee on transactions.

Attendees from North America may contact FCm Travel Solutions at +1-866-341-7672. All other attendees may call FCm Travel Solutions at +1-847-948-9111, ext. 3.

Car Rental

Avis is the official car rental service for the ICED. Avis agents can provide the best available rates for your transportation needs during your stay. You may rent in Austin or other nearby locations.

An advance reservation is recommended. For reservations go to www.aedweb.org/AM or call +1-800-331-1600 and mention AED's Avis Worldwide Discount (AWD) number **J906598** to receive special pricing.

Airport Transportation

The Hilton Austin is approximately 20 minutes by car from the Austin-Bergstrom International Airport. Taxi fare is approximately \$25 US each way.

SuperShuttle provides shuttle transfers from the Austin-Bergstrom International Airport to the Austin downtown area, including to the Hilton Austin; cost is \$15 US one-way, per person. Shuttles depart outside Baggage Claim Area 1. Return reservations must be made 24 hours in advance by calling SuperShuttle at +1-800-258-3826 or by contacting the Hilton's concierge desk. All fares are subject to change.

Questions?

If you have any questions regarding the program or registration, contact AED headquarters at aed@aedweb.org; phone +1-847-498-4274; or fax +1-847-480-9282.

Academy for Eating Disorders

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www.aedweb.org



Get the latest updates and news about the 2012 ICED on Twitter using the hashtag **#ICED2012**



Austin Texas

REGISTRATION

Registration Information

Participation in the ICED is limited to registered delegates. Your full registration includes:

- Admission to all sessions (Thursday, May 3, through Saturday, May 5), excluding Clinical Teaching Day (an additional fee is required for these workshops)
- Access to all exhibits
- Entry to poster sessions
- Opening reception on Thursday, May 3
- Daily refreshment breaks
- Closing Social Event on Saturday, May 5
- Conference Program

Clinical Teaching Day Registration

Participation in the AED Clinical Teaching Day on Wednesday, May 2, requires a separate registration fee. The 2012 ICED Clinical Teaching Day will feature five (5) sessions:

- A. Introduction To Family-Based Treatment for Eating Disorders
- B. Advanced Workshop: DBT and the Treatment of Complex ED Patients
- C. Who's Who of the Brain: A User-friendly, Fun and Interactive Introduction to the Role of the Brain in Eating Disorders
- D. Nutritional Management in Patients with Eating Disorders: What Every Clinician Needs to Know
- E. Medical Complications of Anorexia Nervosa and Bulimia and Their Treatment: Case-Based Reviews

Spouse/Guest Rate

This rate is only applicable to attendees outside of the eating disorders field and includes:

- Admission to the keynote address, exhibit hall and poster sessions
- Welcome Reception
- Closing Social Event

Student Volunteers

The AED needs student volunteers to assist with the meeting. If you are a full-time student, or know of one, who would like to attend the meeting at a discounted rate of \$150 US early fee/\$200 US late fee, contact the AED for special registration forms and additional information. We anticipate receiving more requests for student volunteer positions than we will be able to accommodate. To provide reduced registration to those in most need, students who do not receive scholarships to attend the ICED will be given priority for student volunteer positions. Full details regarding the student volunteer program can be found at www.aedweb.org/AM.



Austin Texas

REGISTRATION

First AED Mentorship Program Launched at 2012 ICED

The AED is now actively facilitating mentoring relationships for members as part of its Membership Recruitment and Retention Initiative. At ICED, interested AED members will be paired with seasoned AED members at a “meet and greet” social event lasting 30 minutes before the opening reception and poster exhibition. The aim of this event is to provide an opportunity for members to receive short-term (and potentially lasting) mentorship from experienced AED members/leaders. Mentors may also benefit from interaction with up-and-coming professionals by networking and facilitating optimal training and retention of promising professionals who will be the future of the AED. Prospective mentees and mentors will be paired based on interests (for example, research, clinical, advocacy, genetics, epidemiology). **Sign up to become a mentor or mentee during the general ICED registration process.**

Mentee Eligibility: All AED members!

Mentor Eligibility:

- All Past Presidents of AED
- Fellows
- Board Members (past and present)
- Committee Chairs, SIG Chairs and all experienced members
- Seasoned Professionals with an advanced degree and five or more years of experience in the eating disorders field
- *All disciplines welcomed!*

Mentor & Mentee Gathering will be held on Thursday, May 3, 2012 at 6 p.m. prior to the Welcome Reception at 6:30 p.m.

Registration Fees

On or before March 21

Clinical Teaching Day, May 2, 2012

AED Member \$170 US
 Non-Member \$210 US

ICED, May 3 – 5, 2012

AED Member \$580 US
 Non-Member \$625 US
 Student* \$360 US
 Student Volunteer* \$150 US
 Spouse/Guest** \$190 US

After March 21 and onsite

Clinical Teaching Day, May 2

AED Member \$220 US
 Non-Member \$265 US

ICED, May 3 – 5, 2012

AED Member \$625 US
 Non-Member \$675 US
 Student* \$385 US
 Student Volunteer* \$200 US
 Spouse/Guest** \$240 US

* Must present a valid student ID

** Only for those outside the eating disorders field

2012



Austin Texas

Registration

Pre-Registration

To be considered pre-registered, your registration with full payment must be received by April 12, 2012. Registration forms that do not contain full payment will be discarded. After April 12, registration will only be available onsite. Onsite registration does not guarantee that you will receive the complete meeting registration packet.

Early Registration Discount

In order to qualify for the early registration discount, you must register by March 21, 2012. Registration is available online at www.aedweb.org, or you may fax or mail a registration form to the AED. In order to receive the early discount fee, registration forms must include full payment and be received or postmarked by March 21. Registration forms that do not contain full payment will not be processed.

Payment Instructions

All registration forms must be accompanied by check or credit card information (VISA, MasterCard, Discover and American Express). Make checks payable in US dollars to the Academy for Eating Disorders. Wire transfers within North America will incur a \$30 fee and wire transfers outside of North America will incur a \$45 fee. Email sdsouza@aedweb.org for wire transfer information. Registrations will not be processed without full payment. See page 23 for the registration form.

All meeting participants, including authors and AED leadership, are expected to pay the appropriate registration fee.



By Mail
Academy for Eating Disorders
36841 Treasury Center
Chicago, IL 60694-6800 USA

Include a check, VISA, MasterCard, Discover or American Express number and expiration date. Registrations cannot be processed without full payment. The AED does not accept Diners Club.



By Fax
Fill out the registration form and fax to the AED at +1-847-480-9282, 24 hours a day, seven days a week. Include your

VISA, MasterCard, Discover or American Express number and expiration date. Registrations cannot be processed without full payment.



Online
Visit www.aedweb.org to register securely for the meeting online. If

you register online, a confirmation notice will be emailed to you.

If you are registering online:

- Go to www.aedweb.org and click the Conference and Education link at the top of the page.
- Login:
 - o **MEMBERS** — If someone is registering for you, they must have your login and password. If not, the system will not let them register you at the member rate.
 - o **NON-MEMBERS** — If you are a first-time attendee, you will need to create a Non-Member record to proceed with online registration. If you are a returning attendee, you will need to search for your record.
- Follow prompts to register for the ICED Meeting and Clinical Teaching Day Workshop.
- You're done!

Please do not click the "Submit" button more than once. This may result in multiple charges on your credit card.



Austin Texas

Registration

Payment Confirmation

Attendees who include an email address on their registration form will receive an email confirmation/receipt within 24 hours of registering online. Allow up to five business days if registered by mail or fax. If an email address is not provided, registrants will receive a confirmation in the mail within 14 business days.

Invoice Requests

For a \$40 US processing fee, the AED will issue an invoice for unpaid meeting registration fees. Please note, in order to qualify for the early registration discount, full payment must be received or postmarked by March 21, 2012. All other payments must be received or postmarked by April 12, 2012.

Cancellation of Registration

Notification of cancellation must be submitted in writing. Cancellations received by March 21, 2012 will be refunded, less a \$75 US fee. No refunds will be made for cancellations received after March 21, 2012. Substitutions are allowed at any time, but must be submitted in writing and must be of the same membership status.

AED Registration Desk

The registration desk will be open:

Wednesday, May 2 11 a.m. – 5 p.m.
Thursday, May 3 8 a.m. – 6 p.m.
Friday, May 4 8 a.m. – 5 p.m.
Saturday, May 5 8 a.m. – 4 p.m.

Americans with Disabilities Act

The AED complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. Notify AED of any special needs using the registration form on page 23 of this brochure.

Exhibit and Support Opportunities

Attention commercial and government agencies and non-profit organizations!

The ICED is your best opportunity each year to meet more of your colleagues and customers — all under one roof. Contacting new prospects, gathering leads, introducing your presence in the market and thanking existing customers are all reasons why you should consider supporting the 2012 ICED.

For more information about reserving a space or supporting the conference, visit the AED website at www.aedweb.org; call +1-847-498-4274, ext. 275; or email sdsouza@aedweb.org.



Austin Texas

Workshops

Clinical Teaching Day Workshops

Wednesday, May 2, 2012

2 – 6 p.m.

Separate registration fee required.

Clinical Teaching Day Workshops are designed for the treatment provider. These sessions are smaller, “how-to” workshops that are designed to increase participants’ knowledge of accepted treatments and to expand their clinical skills.



Introduction To Family-Based Treatment for Eating Disorders

James Lock, MD, PhD, FAED, USA; Daniel Le Grange, PhD, FAED, USA

This presentation will provide an introduction to the systematic evidence supporting the use of family-based treatment for eating disorders. It will also review the main theoretical constructs of the approach as well as describe principle interventions, including the family meal. The presentation will include both didactics and role play.

Learning Objectives:

- Describe the scientific support for family based treatment in eating disorders.
- Describe the rationale for family-based treatment for eating disorders.
- Describe the main interventions used in family-based treatment of eating disorders.



Advanced Workshop: DBT and the Treatment of Complex ED Patients

Lucene Wisniewski, PhD, FAED, USA; Anita Federici, PhD, USA

Eating disorder patients who suffer from multiple Axis I and II diagnoses, especially those that include suicidal or self-harm behaviors, tend to be a conceptual and practical treatment conundrum, often leading to therapist burnout and to patient drop out. Dialectical Behavior Therapy (DBT), originally designed to treat chronically suicidal patients suffering from Borderline Personality Disorder, is a treatment that has been applied to multi-diagnostic, difficult-to-treat patients such as these. DBT offers strategies to address prioritizing multiple treatment targets, including those that can be life threatening in patient with eating disorders as well as prioritizing behaviors that can interfere with treatment and subsequently contribute to patient drop out and therapist burn out. Via didactic and case presentations as well as role play and discussion, participants will be exposed to DBT skills and treatment strategies as they are applied to ED symptomatology.

Learning Objectives:

- Use a hierarchy to decide which behaviors should be addressed first during an individual therapy session with a complex ED patient.
- Identify and target therapy interfering and therapy destroying behaviors in complex ED patients.
- Understand the use of contingency management in the treatment of complex ED patients.



Austin Texas

Workshops



Who's Who of the Brain: A User-Friendly, Fun and Interactive Introduction to the Role of the Brain in Eating Disorders

Bryan Lask, FRCPsych, FRCPC, M.Phil, MB.BS, FAED, United Kingdom; Ian Frampton, BA(Hons), D.Clin.Psych., Dip.Clin.Neuropsych., C Psychol., United Kingdom

The brain is generally believed to be the most complex structure in the universe. It is not surprising that its role and relevance in eating disorders has only recently become better understood, mostly due to the increasing sophistication of neuroimaging techniques, coupled with in-depth neuropsychological assessments. Emerging knowledge of the neuroscience of eating disorders has opened up the possibility of novel and more effective treatments that tackle the neurobiological substrate. However, many clinicians have been understandably wary of such conceptualizations and skeptical of their value to treatment.

The aim of this workshop is to introduce the clinician to the latest developments in the neuroscience of eating disorders, with a particular focus on those brain structures and their functions most relevant to our field and the clinical applicability. The workshop will use a novel and entertaining technique based upon conceptualizing the brain as a community, with particular characters representing the key structures. Following a brief didactic introduction, complemented by animated video, the majority of the workshop will be interactive. Role-play will be used to illustrate the function that each of these characters (brain structures) has within the community of the brain. Subsequent role-play will illustrate what happens in the "dysfunctional" brain of those with eating disorders. Finally, the clinical applicability of this knowledge will be explored. Ample time will be available for questions and discussion.

Learning Objectives:

- Understand the latest developments in neuroscience in eating disorders.
- Understand the relationship of the brain to eating disorders.
- Understand the imaging mechanisms used to investigate the brain in eating disorders.



Nutritional Management in Patients with Eating Disorders: What Every Clinician Needs to Know

Debra K. Katzman, MD, FAED, Canada; Neville H. Golden, MD, FAED, USA; Andrea Garber, PhD, RD, USA

The nutritional management of children, adolescents and young adults with eating disorders is an essential part of the interdisciplinary care and treatment. Physicians, nurses and mental health professionals need to feel confident in implementing basic nutrition therapy as part of their patient's care plan.

This workshop will begin by reviewing the effects of malnutrition and the changes during recovery in anorexia nervosa, bulimia nervosa and binge eating disorder. This review will include nutritional status at presentation, the changes during metabolic recovery and restoration of normal eating behavior. The second part of the workshop will cover clinical skills, including nutritional assessment, intervention and monitoring. The workshop will address the ways in which nutritional requirements differ by age and by phase of metabolic recovery. Both inpatient management of the severely underweight person with anorexia nervosa, as well as outpatient management of less acute patients will be covered. Key nutrients, including protein, calcium and Vitamin D, will be discussed.



Austin Texas

Workshops

Special consideration will be given to the role of parents in refeeding. Current clinical practices and controversies will be highlighted in a session that promises to be informative, stimulating and interactive. This workshop is intended for interdisciplinary clinicians who are involved in the care of patients with eating disorders.

Learning Objectives:

- Be familiar with the nutritional status on presentation and changes during recovery.
- Understand the nutritional management of patients with eating disorders across the spectrum of illness and recovery.
- Be able to perform a brief nutritional assessment and intervention and monitor the diet and nutritional status of patients with eating disorders.



Medical Complications of Anorexia Nervosa and Bulimia and Their Treatment: Case-Based Reviews

Philip S. Mehler, MD, FAED, CEDS, USA

This session will cover in great detail all the medical complications associated with anorexia nervosa and bulimia. Attendance at this session is important for any clinician caring for patients with anorexia nervosa or bulimia, given that both of these eating disorders are associated with medical complications which directly impact the ability to achieve a successful outcome.

The session will be structured as a comprehensive, case-based—albeit salient and practical—body system by body system orderly review of these medical complications with clear delineation of those which are associated with anorexia nervosa versus those associated with bulimia. In addition, an extensive amount of time will be devoted to reviewing the evidence-based therapeutic options for these medical complications, including insights about nutritional rehabilitation. There will also be ample time during the workshop, as well as at the end of it, for worthwhile and interactive discussions.

Learning Objectives:

- Become familiar with the medical complications associated with anorexia nervosa and the most effective treatments thereof.
- Become familiar with the medical complications associated with bulimia and the most effective treatments thereof.
- Understand the crucial role of the registered dietitian in the medical care of patients with anorexia nervosa and bulimia for additional medical oversight.

Detailed Program Information

The most current conference information can be found at www.aedweb.org/AM.



Austin Texas

Tentative Schedule-at-a-Glance

(for updates, please visit www.aedweb.org)

Wednesday, May 2, 2012

8 a.m. – 5 p.m.	AED Board of Directors Meeting
8 a.m. – 1 p.m.	Hispano Latino Americana Congress (HLA Chapter)
11 a.m. – 5 p.m.	Registration
2 – 6 p.m.	Clinical Teaching Day Workshops (separate registration fee required)
	A. Introduction To Family-Based Treatment for Eating Disorders
	B. Advanced Workshop: DBT and the Treatment of Complex ED Patients
	C. Who's Who of the Brain: A User-friendly, Fun and Interactive Introduction to the Role of the Brain in Eating Disorders
	D. Nutritional Management in Patients with Eating Disorders: What Every Clinician Needs to Know
	E. Medical Complications of Anorexia Nervosa and Bulimia and Their Treatment: Case-Based Reviews
3 – 5 p.m.	Exhibitor Set-Up
3 – 7 p.m.	Poster Session Set-Up

Thursday, May 3

8 a.m. – 6 p.m.	Registration
8 – 9 a.m.	Breakfast with the Exhibitors
8 – 9 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting
8 – 9 a.m.	HLA Chapter Meeting
8 a.m. – 8 p.m.	Exhibits Open
9 – 9:30 a.m.	Welcome and Conference Goals <i>Carolyn Becker, PhD, FAED, USA and Glenn Waller, DPhil, FAED, United Kingdom</i> <i>Scientific Program Committee Co-Chairs</i>
	Presidential Address <i>Anne Becker, MD, PhD, FAED, USA</i> <i>President</i>
9:30 – 10:45 a.m.	Keynote Address The Great Myths of Popular Psychology: Lessons for Eating Disorder Researchers and Practitioners <i>Scott O. Lilienfeld, PhD, USA</i>
10:45 – 11:15 a.m.	Refreshments with the Exhibitors



Austin Texas

Tentative Schedule-at-a-Glance

Thursday, May 3 (cont.)

- 11:15 a.m. – 1:15 p.m. **Plenary Session I: A Biological Perspective on the Link Between Stress and Eating Disorders**
Moderators: Thomas Hildebrandt, PsyD, USA; Marisol Perez, PhD, USA
- A Transgenerational Role for the Hypothalamic-Pituitary-Adrenal Axis in the Risk for Trauma and Eating Disorders
Rachel Yehuda, PhD, USA
- Eating Disorders, Gene-Environment Interactions and the Epigenome: Research and Practice Implications
Howard Steiger, PhD, FAED, Canada
- Novel Biomarkers of Anorexia: Examination of Interoception in the Pathophysiology of Anorexia Nervosa
Nancy L Zucker, PhD, USA
- Eating Disorders: What's Stress Got To Do With It?
Discussant: Angélica de Medeiros Claudino, MD, Brazil
-
- 1:15 – 2:15 p.m. Lunch on Your Own
-
- 1:15 – 2:15 p.m. **Special Interest Group (SIG) Annual Meetings**
(box lunches available for purchase, see registration form)
- Neuroimaging
- Transcultural
- Inpatient/Residential Treatment
- Males & Eating Disorders
- Universities
- Eating & Sleep
- Body Image & Prevention
- Nutrition
- Assessment & Diagnosis
- Trauma & Eating Disorders
- Substance Abuse
- Borderline
-
- 1:15 – 2:15 p.m. Advisory Board Luncheon (Invitation only)
-
- 2:30 – 4 p.m. **Workshop Session I**
- A. Acceptance-based Separated Family Therapy for Adolescent Anorexia Nervosa
Rhonda M. Merwin, PhD, USA; C. Alix Timko, PhD, USA; Nancy Zucker, USA
- B. An Evidence-Based Guide to Treating Comorbid Psychiatric Disturbances in People with Eating Disorders
Mimi Israel, MD, FAED, Canada



Austin Texas

Tentative Schedule-at-a-Glance

Thursday, May 3 (cont.)

- C. **Treating Anorexia Nervosa in the Outpatient Setting: Why Well Intentioned People Sometimes Do Unwise Things and How Comprehensive Paradigms and Clinical Benchmarks Can Help**
Michael Strober, PhD, FAED, USA
- D. **Body Image Disturbance in the Eating Disorders - How to Assess and Treat**
Victoria Mountford, DCLinPsy, United Kingdom
- E. **RDoC and Eating Disorders: Using Dimensional Approaches in Clinical and Developmental Eating Disorders Research**
Julia L. Zehr, PhD, USA; Marjorie Garvey, MB, BCh, USA; Walter Kaye, MD, FAED, USA; Kelly Klump, PhD, FAED, USA; James Lock, MD, PhD, FAED, USA; Stephen Wonderlich, PhD, FAED, USA
- F. **Fantastic Voyage- Brains Bones and Guts: An Exploration into the Medical Complications of Eating Disorders**
Richard L. Levine, MD, FAED, USA; Ovidio Bermudez, MD, FAED, USA; Neville Golden, MD, FAED, USA
- G. **Successful Insurance Authorization: What Every Provider Must Know**
Stacey Brown, RN, USA; David Christian, PhD, USA; Lisa Kantor, JD, USA
- H. **Internet-Based Interventions for Eating Disorders: From Research to Practice**
Markus Moessner, PhD, Germany; Stephanie Bauer, PhD, Germany
- I. **An Academic-Community Partnership to Reduce Disordered Eating and Excessive Weight Gain in Racial/Ethnic Minorities: Preventing Weight Gain and Enhancing Relationships in Underserved Populations (POWER-UP)**
Robyn Osborn, PhD, USA; Cassidy Omni, BA, USA; Anna Vannucci, BA, USA; Lauren Shomaker, PhD, USA; Juliette Iacovino, MA, USA; Denise Wilfley, PhD, FAED, USA; James Heimdal, PhD, USA; Beatrice Nelson, MS, USA; Tracy Sbrocco, PhD, United Kingdom; Marian Tanofsky-Kraff, PhD, FAED, USA
- J. **Regulation of Cues Intervention to Decrease Overeating in Children**
Kerri Boutelle, PhD, USA; Carol Peterson, PhD, FAED, USA; Nancy Zucker, PhD, USA

4 – 4:30 p.m.	Refreshments with the Exhibitors
4:30 – 6 p.m.	Oral Scientific Paper Session I (brief scientific papers for presentation and discussion)
6 – 6:30 p.m.	Mentor/Mentee Gathering
6:30 – 8 p.m.	Welcome Reception / Poster Presentation Session I / Exhibit Hall Open



Austin Texas

Tentative Schedule-at-a-Glance

Friday, May 4

8 a.m. – 5 p.m. Registration

8 – 9 a.m. Breakfast with the Exhibitors

8 – 9 a.m. Prospective Member Breakfast (invitation only)

8 – 9 a.m. 2013 Program Committee Meeting

8 a.m. – 5 p.m. Exhibits Open

9 – 11 a.m. **Plenary Session II: The Good, the Bad and The Ugly of Integrating Clinical Practice and Research**

Moderators: Vicki Mountford, DCLinPsy, United Kingdom, and T.J. Raney, PhD, USA

Evidence-Based Psychological Treatment: Implementation, Training, and Scalability

G. Terrence Wilson, PhD, USA

Psychological Treatment of Eating Disorders: Research Evidence, Best Practice and Beyond

Ulrike Schmidt, MD, PhD, FAED, United Kingdom

The Challenges of Implementing Evidence Based Treatments in Real World Settings

Dasha E. Nicholls, MBBS, MRCPsych, MD, FAED, United Kingdom

Sustainable Research-Practice Integration: Discovering our Motivation for Change

Discussant: Judith D. Banker, MA, LLP, FAED, USA

11 – 11:30 a.m. Refreshments with the Exhibitors

11:30 a.m. – 1 p.m. **Workshop Session II**

A. A New Model for Understanding Anorexia Nervosa and Implications for Treatment

B. Timothy Walsh, MD, FAED, USA ; Evelyn Attia, MD, FAED, USA; Joanna Steinglass, MD, USA; Laurel Mayer, MD, USA

B. Multifamily Therapy in Anorexia Nervosa: Two Year Follow-up
Ulf G. Wallin, MD, PhD, Sweden

C. Food for Thought: Addressing Nutritional Needs as a Core Element of Cognitive-Behavior Therapy for the Eating Disorders
Glenn Waller, DPhil, FAED, United Kingdom

D. UCAN: Uniting Couples (in the treatment of) Anorexia Nervosa
Cynthia M. Bulik, PhD, FAED, USA; Donald Baucom, PhD, USA; Jennifer Kirby, PhD, USA

E. The Use of Virtual Reality in the Study, Assessment and Treatment of Eating Disorders
Marta Ferrer-García, PhD, Spain; José Gutiérrez-Maldonado, PhD, Spain



Austin Texas

Tentative Schedule-at-a-Glance

Friday, May 4 (cont.)

- F. **Family-Based Treatment of Pediatric Overweight and Obesity: An Innovative Application of the “Maudsley Method”**
Katharine L. Loeb, PhD, USA; Daniel Le Grange, PhD, FAED, USA; Tom Hildebrandt, PsyD, USA; Angela Celio Doyle, PhD, USA; Kristen Anderson, LCSW, USA
- G. **Grantmanship: How to Write a Winning Grant Application**
Ruth H. Striegel, PhD, FAED, USA; Ross Crosby, PhD, FAED, USA
- H. **Building Body Acceptance: Research Evidence and Strategies in Action**
Susan J. Paxton, PhD, FAED, Australia; Beth Shelton, DPsych, Australia; Sian McLean, BSc (Hons), Australia
- I. **Empowering Families: Advocacy and Action from the US and UK**
Susan M. Ringwood, BA Hons, United Kingdom; Laura Collins Lyster-Mensh, MS, USA
- J. **Using Assessment Data as the Foundation of the Clinical Relationship: Strategies for Moving Beyond Measurement**
Carol B. Peterson, PhD, FAED, USA; Kelly Berg, PhD, USA; Nora Durkin, MA, USA; Leah Jappe, BA, USA

1 – 2 p.m.

Lunch on Your Own

1 – 2 p.m.

Special Interest Group (SIG) Annual Meetings
(box lunches available for purchase, see registration form)

Medical Care

Neuropsychology

Health at Every Size

Information Technology & Eating Disorders

Sport and Exercise

Psychodynamic Psychotherapy

Child & Adolescent Eating Disorders

Bariatric Surgery

Student

New Investigator

Lesbian, Gay, Bisexual & Transgender

1 – 2:15 p.m.

IJED Luncheon (invitation only)

2:30 – 4 p.m.

Oral Scientific Paper Session II
(brief scientific papers for presentation and discussion)

4 – 4:30 p.m.

Refreshments with the Exhibitors

4:30 – 6 p.m.

Special Interest Group (SIG) Discussion Panels

- A. **Treatment Approaches to the Complex, Co-morbid ED and BPD Adolescent Patient – presented by the Psychodynamic, Child & Adolescent and Borderline Personality SIGs**



Austin Texas

Tentative Schedule-at-a-Glance

Friday, May 4 (cont.)

- B. New Clinical Research Perspectives on the Role of Trauma in Eating Disorders – presented by the Trauma & Eating Disorders SIG
- C. Students with Eating Disorders on Campus: Clinical Challenges and Ethical Dilemmas – presented by the Universities SIG
- D. Neuronal Contributions to Food Intake in Patients with Anorexia and Bulimia Nervosa – presented by the Neuroimaging SIG
- E. Being Good Sports: How Can We Create a Winning Team to Increase Eating Disorder Prevention and Positive Body Image Initiatives in Physical Activity Environments? – presented by the Sport & Exercise and Body Image & Prevention SIGs
- F. Technology-enhanced Interventions for Health Promotion, Prevention and Treatment Support – presented by the Information Technology & Eating Disorders SIG
- G. Raising the Bar: The Use of a Treatment Guide for the Early Recognition and Medical Management of Children and Adolescents with Eating Disorders – presented by the Medical Care SIG
- H. The Complex Relationship Between Eating Disorders and Substance Use Disorders: Confronting the Challenges in Research and Treatment – presented by the Eating and Substance Abuse Disorders SIG

6 – 7:30 p.m. Meet the Experts

6 – 7:30 p.m. Poster Presentation Session II / Exhibit Hall Open

Saturday, May 5

8 a.m. – 4 p.m. Registration

8 – 9 a.m. Breakfast with the Exhibitors

8 – 9 a.m. SIG Chairs Follow-Up Meeting

8 – 9 a.m. Past President's Breakfast (invitation only)

8 – 9 a.m. Sisterhood, Chapter & Affiliate Committee Breakfast Meeting

8 – 11:30 a.m. Exhibits Open

9 – 11 a.m. Plenary Session III: Is it Time for New Language to Describe Eating Disorders?

Moderators: Carolyn Becker, PhD, FAED, USA; Kitty Westin, MA, LP, USA

The Advantages of Brain Disorder Language from the Patient/ Career Perspective

Laura Collins Lyster-Mensh, MS, USA



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Tentative Schedule-at-a-Glance

Saturday, May 5 (cont.)

**Bad Genes, Chemical Imbalances, and Broken Brains, Oh My!
A Cost-Benefit Analysis of the Disease Model of Eating Disorders**
Brett J. Deacon, PhD, USA

**Talking About the Power of Talk: How Do Language and Labels
Influence Illness?**
Anne Becker, MD, PhD, FAED, USA

Time for a New Language or New Data?
Discussant: Kelly Klump, PhD, FAED, USA

11 – 11:30 a.m.	Refreshments with the Exhibitors
11:30 a.m. – 12:30 p.m.	Poster and Exhibitor Dismantle
11:30 a.m. – 1 p.m.	Awards Ceremony & Business Meeting (box lunches provided)
1:15 – 2:45 p.m.	<p>Workshop Session III</p> <p>A. Case Conceptualization and Core Belief Modification in Long-term CBT Treatment to Achieve Attitudinal Shifts <i>T. J. Raney, PhD, USA</i></p> <p>B. How can we use cognitive remediation in the treatment of anorexia nervosa? <i>Kate Tchanturia, PhD, United Kingdom</i></p> <p>C. Enhancing Connections with Adolescents and Families Through Therapeutic Mutual Relationships <i>Richard E. Kreipe, MD, USA; Mary Tantillo, PhD, USA</i></p> <p>D. Is There a Role for Palliative Care in the Management of Treatment Resistant Chronic Anorexia Nervosa? <i>Allan S. Kaplan, MD, FAED, Canada; Sandy Buchman, MD, CCFP, Canada</i></p> <p>E. The Eating Part of Eating Disorders: Effective Strategies for Normalizing the Relationship with Food <i>Jillian G. Croll Lampert, PhD, FAED, USA; Hilmar Wagner, MPH, USA</i></p> <p>F. Getting Published: How to Disseminate Your Work to a Wider Audience <i>Pamela K. Keel, PhD, FAED, USA; Kelly Klump, PhD, FAED, USA</i></p> <p>G. The Shady Side of 50: Understanding Eating, Shape and Weight Concerns in Older Women <i>Marsha D. Marcus, PhD, FAED, USA; Ruth Striegel, PhD, FAED, USA; Kathleen Pike, PhD, FAED, USA</i></p> <p>H. We All Speak Spanish: Are Risk Factors and Prevention Strategies the Same for Everybody? <i>Eva Trujillo, MD, FAED, Mexico; Guillermina Rutzstein, PhD, Argentina; Estella Estefan, MD, Argentina; Juanita Gempeler, PhD, Colombia</i></p>



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Tentative Schedule-at-a-Glance

Saturday, May 5 (cont.)

2:45 – 3 p.m.	Refreshment Break
3 – 5 p.m.	<p>Plenary Session IV: Treating Co-Occurring Psychopathology Along Side Eating Disorders</p> <p><i>Moderators: Anthea Fursland, PhD, FAED, Australia; Dana L. Rofey, PhD, USA</i></p> <p>The Complexity of Treating Eating Disorder Patients Who Also Suffer from BPD: Where Do You Start?!</p> <p><i>Lucene Wisniewski, PhD, FAED, USA</i></p> <p>How to Manage Co-Occurring Anxiety or Depression in Eating Disorders Patients?</p> <p><i>Nathalie T. Godart, MD, PhD, France</i></p> <p>Impulsive Related Disorders and Eating Disorders: Shared Vulnerabilities and Common Innovative Therapy Strategies</p> <p><i>Fernando Fernandez-Aranda, PhD, FAED, Spain</i></p> <p>Treatment Plenary: Treating Co-Occurring Eating Disorders and Psychopathology</p> <p><i>Discussant: Virginia McIntosh, PhD, DipClinPsyc, New Zealand</i></p>
5 – 6 p.m.	<p>Reflections on Research-Practice Highlights from This Year's Conference: Time to Have Your Say</p> <p>Research-Practice Think Tank <i>(hosted by the AED Research Practice Committee)</i></p> <p>To conclude the ICED, the Research-Practice Committee will lead a session of reflections on this year's conference from a research-practice perspective. Invited clinicians and researchers will comment on key moments from the conference that inspired them, for better or worse, with respect to its Research-Practice theme. There will also be plenty of time for contributions from the floor. Get ready to join in.</p>
7 – 10:30 p.m.	Closing Social Event (dinner buffet, dancing and cash bar)



2012 ICED Registration Form

May 3 – 5, 2012
 Clinical Teaching Day: May 2, 2012
 Hilton Austin, Austin, Texas, USA

Type or print clearly, or attach your business card.



Register online at:
www.aedweb.org/AM
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 be accepted after April 12

First Name (Given Name, as you would like it to appear on your badge)		Last Name (Family Name)		Credentials
Organization				<input type="checkbox"/> Update my member profile with this information <input type="checkbox"/> Do not post my name to the pre-registration list
Address				
City	State/Province	ZIP/Postal Code	Country	
Phone (Business)	Fax	Email		
After hours email or phone	Send additional copy of my email confirmation to			
Emergency Contact Name		Emergency Contact Phone Number/Pager		

	On or Before March 21	After March 21 and Onsite	
Clinical Teaching Day Registration			
<input type="checkbox"/> AED Member	\$170 US	\$220 US	\$ _____
<input type="checkbox"/> Non-Member	\$210 US	\$265 US	\$ _____
ICED Registration			
<input type="checkbox"/> AED Member	\$580 US	\$625 US	\$ _____
<input type="checkbox"/> Non-Member	\$625 US	\$675 US	\$ _____
<input type="checkbox"/> Student*	\$360 US	\$385 US	\$ _____
<input type="checkbox"/> Student Volunteer**	\$150 US	\$200 US	\$ _____
<input type="checkbox"/> Spouse/Guest (only available to those outside the eating disorders field)	\$190 US	\$240 US	\$ _____
Spouse/Guest Name _____			

* Must submit a valid student ID
 ** Visit www.aedweb.org for volunteer paperwork. Limited opportunities. Registration Total: \$ _____

- Mentorship at ICED
 - YES! I would like to have a Mentor. My primary area of interest is: _____
 - YES! I would like to be a Mentor. My primary area of interest is: _____

- Optional**
- Invoice Fee (Unpaid registration requiring an invoice) \$40 US \$ _____
 - Continuing Education Members: \$30 US Non-members \$45 US \$ _____
 If you are registering continuing education credits, indicate type of credit:
 - CME: (Medical, Non-medical)
 - CE: Counseling, Dietician, Drug/Alcohol, Marriage-Family, Nursing, Psychology, Social Work
 - SIG Meeting Box Lunch, Thursday, May 3** \$15 US \$ _____
 - SIG Meeting Box Lunch, Friday, May 4** \$15 US \$ _____
 - AED Membership Dues**** \$ _____
 - Scholarship Fund Donation**** \$ _____
 - General Fund Donation**** \$ _____

** You DO NOT need to order lunch to attend the SIG Meetings.
 Lunch includes sandwich, chips, bottled water.
 *** REMEMBER! Join AED and register at the member rate. Visit www.aedweb.org for details
 **** Please consider a donation to support AED programs. (Tax deductible in the U.S.)

- Payment**
- Payment enclosed \$ _____
 - Check (Make checks payable to: Academy for Eating Disorders. Funds must be in US dollars.)
 - Visa MasterCard Discover American Express

Card Number	Expiration Date
Cardholder Name	
Cardholder Signature	
Credit Card Billing Address (if different from above)	

Teaching Day Workshop Selection:
 Indicate your preferred session with the letter of the workshop:

 You may change your session selection at any time. There is no need to contact AED.

ICED Workshop Selection:
 Indicate the letter of the workshop you would like to attend in each session.
 Workshop I (Thurs PM) _____
 Workshop II (Fri AM) _____
 Workshop III (Sat PM) _____
 You may change your session selection at any time. There is no need to contact AED.

SIG Discussion Panel Selection:
 Indicate the letter of the panel you would like to attend.
 SIG Panel _____

Event Participation:
 Check if attending the following event.
Saturday, May 5
 Award Ceremony/Business Meeting
 Closing Social Event

Pre-registration Policy: To be considered pre-registered, your registration, changes or replacement must be received by **April 12**. After this date, you must register on site. **Caution: If you submit your registration form more than once, it may result in a duplicate charge on your credit card. Send your registration using only one method of payment. Cancellation Policy:** Notification of cancellation must be submitted in writing. Cancellations received by **March 21**, will be refunded, less a \$75 US cancellation fee. Cancellations will be honored but money will not be refunded after **March 21**. Substitutions are allowed at any time but must be submitted in writing and must be of the same member status. No telephone registrations please. Payment in US dollars only.

Special needs or dietary requests:

Faxed registration forms that do not contain credit card information do not qualify as an early paid registration.

Mail or fax payment and registration to:
 Academy for Eating Disorders
 36841 Treasury Center • Chicago, IL 60694-6800
 Phone: +1-847-498-4274 Fax: +1-847-480-9282
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Austin Texas

The International Conference on Eating Disorders

ICED 2012



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111 Deer Lake Road
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Save the Dates:

2013 ICED

May 2 – 4, 2013

Clinical Teaching Day

May 1, 2013

Hilton Montreal Bonaventure

Montreal, Quebec, Canada

2014 ICED

March 27 – 29, 2014

Clinical Teaching Day

March 26, 2014

Sheraton New York Hotel & Towers

New York, NY, USA

2015 ICED

April 23 – 25, 2015

Clinical Teaching Day

April 22, 2015

Boston Marriott Copley Place

Boston, MA, USA

2012 Dates to Remember

March 21

Early Registration Deadline

March 21

Registration Cancellation
Deadline

April 2

Hotel Reservation Deadline

April 12

Preregistration Deadline



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2012